

PRE SEDATION INSTRUCTIONS

The patient must have complied with the following requirements prior to their dental appointments:

- Please let us know of any changes to your medical history, and if you are taking any medications, including herbal and non-prescription medications.
- Do not have any solid food for **eight hours** before your appointment.
- Do not have any fluids for **two hours** before your appointment.
- If you have been instructed by us to take any medication the night before your appointment, take that medication as prescribed.
- Remove any finger nail polish or lipstick before your appointment so we can determine any color changes in your lips or nails.

If you have any questions or concerns, please call Dr. Rabia Syeda @ 613.521.3939